

## The Details

- **Radio:** 88.9 f.m. Sundays @ 9 p.m.
- **Podcast:** [www.improveandprogress.com](http://www.improveandprogress.com)
- **Host:**  
**Omar S. Muhammad**
  - Entrepreneur since the age of 12
  - Director of a small business center
  - Coaching other entrepreneurs
  - 13 years providing resources to entrepreneurs on WEAA 88.9 fm
  - Operated a small business loan fund

## The Contacts



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[www.improveandprogress.com](http://www.improveandprogress.com)



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*Helping you improve and progress in business & life...*

# The Radio Workshops

Workshop	Resource	Frequency	Description
Psychology of Business	<b>Dr. Renee</b> Harding Consulting <a href="http://www.areyouhappy.org">www.areyouhappy.org</a>	2 x per month	applying psychology to increase your business success
Contracting Business	<b>Michael Davis</b> Davis Paige Management Systems <a href="http://www.dpmsllc.com/index.htm">http://www.dpmsllc.com/index.htm</a>	1 x per month	resources to help entrepreneurs looking to get involved in the government contracting business
Food for Thought	<b>Chef Casey Jenkins</b> Darker Than Blue Cafe <a href="http://www.darkerthanbluecafe.com">www.darkerthanbluecafe.com</a>	1 x per month	recipes for success from an entrepreneur's past performance
Biztechinsider	<b>William Mapp, III</b> BA Systems, LLC	Every other month	a look at how tech tools are helping entrepreneurs become more efficient and explore business opportunities in the technology industry
Diversitech	<b>Christine Johnson</b> Founder, Diversitech <a href="http://www.wearedtech.org/">http://www.wearedtech.org/</a>	Every other month	aims to provide platforms to bring this minorities to the forefront of the tech BOOM! and dialogue on innovation.

<b>Workshop</b>	<b>Resource</b>	<b>Frequency</b>	<b>Description</b>
<b>Entrepreneurship in the Community</b>	<b>Chef Casey Jenkins</b> Darker Than Blue Cafe <a href="http://www.darkerthanbluecafe.com">www.darkerthanbluecafe.com</a>	1 x per month	highlighting entrepreneurship and its impact on community development
<b>Accounting E-Insider</b>	<b>Rudolph T. Isaacs Jr., CPA</b> Isaacs & Simmons, P.C. Certified Public Accountants <a href="http://www.isaacsandsimmons.com">www.isaacsandsimmons.com</a>	Every other month	experts from accounting, deal making, and legal sharing strategies for business growth
<b>Deal Marker E Insider</b>	<b>Marcel Umphrey</b> A+ Neighborhood Homebuyer's LLC <a href="http://www.aplusneighborhood.com">www.aplusneighborhood.com</a>	Every other month	experts from accounting, deal making, and legal sharing strategies for business growth
<b>Legal E Insider</b>	<b>Anthony I. Butler, Esq.</b> Butler & Associates <a href="http://www.abutlerlaw.com">www.abutlerlaw.com</a>	Monthly	experts from accounting, deal making, and legal sharing strategies for business growth
<b>Balanced W.O.M.E.N.</b>	<b>Betty J. Hines</b> Business Builder LLC <a href="http://www.bettyhinesbusinessbuilder.com">www.bettyhinesbusinessbuilder.com</a>	2 x per month	Resources to help women entrepreneurs and women in leadership positions develop winning outcomes!

Workshop	Resource	Frequency	Description
Entrepreneur's Mindset	<p><b>Dr. Stanley Cosby</b>            Cosby and Associates Training            Worldwide, LLC            Author, Motivational Speaker,            Personal and Professional Training</p>	Special Programming	self improvement strategies to help us become better entrepreneurs
Entrepreneur's Game Plan	<p><b>Omar S. Muhammad</b></p>	Weekly	Business Events Tips for the Week Strategies from books, articles and website Next Week's Radio Workshop Announced

**\* Subscribers to Omar's Network**

**7,444**  
weekly

\* People who receive weekly email newsletter, follow me on twitter, facebook, soundcloud, linkedin, tune into radio, and visits website. Not including speaking engagements at conferences, workshops or articles written for the Baltimore Business Journal